



LUGARNO

Public School

THE LUGARNO LETTER

LEARNING AND GROWING TOGETHER

Tuesday 21 June 2022, Week 9 , Term 2

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Thought for the Week...

"Use your smile to change the world. But don't let the world change your smile."

Ms Horscroft's Retirement

Ms Elizabeth Horscroft will sadly be retiring at the end of this term after 34 years of incredible service to the Department of Education, 30 years of which she has served at LPS. Ms Horscroft has been an integral part of the LPS community. Her knowledge, hard work, care and commitment have ensured the smooth running of the front office and the provision of outstanding support for students, staff and parents.

Ms Horscroft's contribution to our school, over so many years, has been extraordinary. She has worked tirelessly to deliver the utmost care to everyone within the LPS community. Although her leaving makes us sad, it is with a grateful heart and pride that I have been able to call Ms Horscroft both a treasured colleague and friend.

Calendar dates

June 24 – P&C Disco

June 27 – NAIDOC Week
acknowledgement day

June 29 – Athletics Carnival

June 30 – Principal's Morning Tea

July 1 – last day of Term 2

July 18 – Staff Development Day (no students)

July 19 – Students commence Term 3

In recognition of Ms Horscroft and to provide her with an LPS farewell, I invite parents and carers to join students and staff for a special assembly on Tuesday, 28th July at 2.00pm in the hall.



Sport Update

Well done to the following students who participated in the Sydney East PSSA Cross Country Carnival last week at Miranda: Nico S, Baxter B, Noah M, Riley T, Ethan C-C, Gikibi N, Allie T, Lillyan E.

We are incredibly proud of the way in which these students represented LPS.

Special shout out to Baxter who placed 3rd in his age group and now proceeds to the NSWPSA Cross Country Championships on Friday 22nd July 2022. Good luck Baxter!



Georges River PSSA boys' soccer represented their district at Sydney East trials yesterday.

Out of 132 students, 18 were selected, two from Georges River PSSA, into the Sydney East squad.

Congratulations to Lucas S who has been selected!



Georgia A and Miranda R trialed for the Southern Girls' Softball Team this morning and were successful! They will now compete in the Sydney East Girls' Softball Gala Day on 8th August, representing the Combined Southern Zone.



We are looking forward to our annual K-6 Athletics Carnival on Wednesday, 29th June at Hurstville Oval. Our students have been honing their athletics skills this term in preparation. If you have not already returned your child's permission note, could you please ensure that this is returned as soon as possible.

Cyber Safety

As a school, cyber safety is taught to our students through many avenues through the curriculum. As part of the PDHPE syllabus, students are provided with opportunities to learn how to stay safe in the 'real world' and the 'online world'. I encourage you to take the time to be aware of your child's technology use and ensure that you have the highest security and privacy levels in place. Please also be aware that the recommended minimum age on social media apps and some gaming platforms is 13. Therefore, students from our school should not have their own social media accounts.

Thank you to the parents and carers who attended the 'ThinkUKnow' Cyber Safety Parent Presentation last Wednesday evening.

The key takeaway messages and the top tips for keep young people safe online are:

1. Have open conversations, often

The most important tip we can give you is to start talking to your child regularly about their online activities and interactions.

2. Supervision is essential

This means [knowing what your child is doing online](#), who they are interacting with and what platforms, apps or games they are using.

3. Be approachable if your child needs help

Coming forward isn't always easy and your child may feel reluctant to tell you about online issues if they believe they will be punished or have their devices taken away. This also makes children more secretive about device use and at greater risk of exploitation.

4. Check privacy settings

We recommend that you research and understand app settings, including [privacy settings](#). This could include turning off location settings, setting profiles to private, or turning off chat functions.

5. Know how to report

If something goes wrong online, it is critical your child is supported. You need to know how to take action and [report](#).

For those who were unable to attend the 'ThinkUKnow' parent presentation or, if you would like more information, the following link contains a number of fantastic factsheets about keeping children safe online.

<http://www.thinkuknow.org.au/resources-tab/parents-and-carers>

Another great resource is eSafety Commissioner – <https://www.esafety.gov.au>.

Please be advised, that the local Police Youth Liaison Officers have had to reschedule their visit and will now be coming on Thursday 28th July to speak with our Stage 3 students about cyber safety.

Lost Property

A friendly reminder to ensure that all of your child's belongings (particularly jackets, jumpers and hats) are clearly labelled with your child's name. Our Lost Property pool is located in the foyer in front of the library.

Kindergarten 2023

If you have a child who is enrolling at Lugarno Public School next year, we ask that you collect an enrolment from the front office or access one online here:

[Online Enrolment \(nsw.gov.au\)](https://www.nsw.gov.au)

We also ask that you remind friends, neighbours or relatives that they can commence the enrolment process.

Our next event in our Kinder transition program is a parent and carer information evening session to be held in Term 3 (Wednesday, 31st August), followed by our "Leap Into Lugarno" three-visit orientation sessions held in Term 4 (Wednesday 26th October, Wednesday 2nd November and Wednesday 9th November).

Attendance Reminders

All absences must be explained. Parents should ensure that a written explanation for your child's absence is provided to the school as soon as possible. Absences due to sickness of 3 or more days should be accompanied by a medical certificate. Students who arrive late or need to leave early must also be provided with written explanation for their absence. Our school is required to continually monitor both full and partial absences.

National Tree Planting Day

Attached to this newsletter is a flyer about an exciting environmental event that is coming up on Friday, 29th July. Also attached to this newsletter is information about a potential initiative within the school – the introduction of stingless bees. We invite parents and carers to read through the information as part of a consultative process (see attachment for more details).

The Nationally Consistent Collection of Data (NCCD)

The Nationally Consistent Collection of Data on School Students with Disability (NCCD) takes place every year.

The NCCD is a collection that counts:

- the number of school students receiving an adjustment or support due to disability
- the level of adjustment they are receiving to access education on the same basis as other students.

Students are counted in the NCCD if they receive ongoing adjustments at school due to disability. This support allows them to access education on the same basis as a child without disability. The NCCD uses the definition of disability in the **Disability Discrimination Act 1992**. Where needed, our teachers are required to provide educational adjustments to support all students to access the curriculum. Teachers include these adjustments in their teaching and learning programs.

Please see the attached information sheet for further information about the NCCD.

Term 2 Events

- P & C Disco – Friday, 24th June (Week 9, Term 2)
- NAIDOC Week acknowledgement day & Mufti Day (see attached flyer) – Monday, 27th June (Week 10, Term 2)
- K-6 Athletics Carnival at Hurstville Oval – Wednesday 29th June (Week 10, Term 2)
- Principal’s Morning Tea for Principals Award recipients in Term 2 – Thursday, 30th June (Week 10, Term 2)
- Last day of Term 2 is 1/7/22. Students return for Term 3 on Tuesday 19/7/22 (please note: Monday 18/7/22 is a Staff Development Day).

Term 2 2022 K-6 Assembly Schedule	
Week	Host
10 - Friday, 1 st July from 12.15-1.00pm	3/4B
Term 3 2022 K-6 Assembly Schedule	
1 – Friday. 22 nd July from 12.15-1.00pm	Student Executive Team
4 – Friday, 12 th August from 12.15-1.00pm	5/6W
6 – Friday, 26 th August from 12.15-1.00pm	1/2R
8 - Friday, 9 th September from 12.15-1.00pm	4/5H
10 – Friday, 23 rd September from 12.15-1.00pm	KW

Mrs Williams

Principal

Wonder Recycling Rewards for Schools

Our school has registered to participate in the Wonder Recycling Rewards Program. As part of this initiative our school has received collection boxes to collect and recycle bread bags and bread tags at school. Once collected, the school can accumulate points that can go towards new sports equipment. A collection box has been set up in the foyer area in front of the library. Thanks to everyone who has supported this collection so far.

Help Wonder turn **BREAD BAGS** into **SCHOOL PLAY EQUIPMENT**



It's simple...

1

Collect your empty bread bags and tags



2

Recycle them at school in Wonder's pink Collection Bin
(There is a separate box for bread tags).



3

We'll earn reward points to redeem new sports equipment for every 5kg bin filled!



Our school is in the draw to **WIN 1 of 5** exercise circuits made from recycled plastic we collect!

LET'S GET RECYCLING!



Tag Wonder on social **#wonderrecycling** to share all your recycling champion stories!



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KIDS IN THE KITCHEN

Rice paper rolls



2 serves of vegetables in each serve

Featured in:

[Sandwich alternatives](#)

Preparation time: 10 minutes

Cooking time: 20 minutes

Serves: 5



2 serves of vegetables per 4 rolls

Diet and Allergies:

[Dairy Free](#), [Gluten Free](#), [Nut Free](#), [Vegetarian](#)



Ingredients

Rolls

1 cup baby spinach
1 yellow capsicum, cut into thin strips
1 zucchini, julienned
2 carrots, julienned
3 leaves wombok (Chinese cabbage), finely sliced
200g firm tofu, cut into strips
20 rice paper rounds

Sauce

1 clove garlic, crushed
1/2 lime juiced
1 tsp brown sugar
1 tsp rice vinegar
30mL reduced-salt soy sauce*
15mL water

Method

Fill a large bowl with warm water. Quickly dip each rice paper round into the water until it is soft. Spread flat on a work surface.

Layer the vegetables, starting with the spinach over the bottom third of the rice paper. Then top with the capsicum, zucchini, carrot and wombok and finally the tofu. Fold in both sides of the rice paper, then lift the bottom edge over the vegetables. Tightly tuck and roll the rice paper away from you. Set aside seam side down. Repeat with the remaining rolls.

To make the sauce, mix all the ingredients together ensuring the sugar is dissolved.

*Gluten free if using gluten free soy sauce.

Tip

Cover with damp paper towel, then wrap well in plastic wrap and refrigerate to avoid drying out.

Variation

Replace the tofu with either chicken, avocado or tuna.

From the Cancer Council Healthy Lunch Box website <https://healthylunchbox.com.au/recipes>

Old Forest Road Lugarno NSW 2210

Phone 02 9153 9843 Email Lugarno-p.school@det.nsw.edu.au www.lugarno.nsw.edu.au

BEEHIVE BRIEF

Beehive installation opportunity | Stingless Bees | Billion Bees

Billion Bees

There are a few different suppliers of beehives for schools. The LPS P&C are considering to partner with a charity called **"Billion Bees"**. The founder, Saverio Russo, is a Blakehurst local whose family owns *Roma Pizza* restaurant in South Hurstville.

Billion Bees Foundation attempts to re-introduce native bees to the community and bushfire ravaged areas of NSW and southern Queensland. They work actively with arborists to rescue hives to help propagate and breed Australian stingless bees.

But they also work with the school community with education programs and also have successfully installed stingless bee hives into many Sydney schools, childcare centres, community gardens and organic farms.

The programs unite multiple community groups. All hives are hand-made by the Brighton Men's Shed, and Georges River Council have approved the Blakehurst Reserve to be used to store hives that need a temporary home before relocation.

Overview of Stingless Bees

From the more than 2,500 types of native bees found in Australia, the "*Tetragonula carbonaria*" are the only species in Sydney that live in a colony and make honey. They are one of just 12 species that are **stingless**. While Australia's bees are often called stingless, they do have stingers but they cannot sting. Many bees may bite as a defensive mechanism.

Our native social stingless bees (*Tetragonula*) produce a unique type of tangy honey called 'sugarbag'. It has been shown to have substantial germ-killing medicinal properties. But each hive can only produce up to one kg of honey per year (i.e. it is less commercially productive than other bee species).

The rise in feral European honeybees creates competition for native Australian wildlife, including black cockatoos and other nectar collectors. Australian native bees are delicate and little, and don't come out of the hive unless its over 18 degrees.

Bees can be a great pet because there is literally no maintenance (the less interference they get, the better).

Native social stingless bees are already being successfully used for pollination of crops such as: macadamias, mangoes, watermelons, lychees.



Brood comb of a native Australian stingless bee (*Tetragonula carbonaria*) colony © Anne Dollin





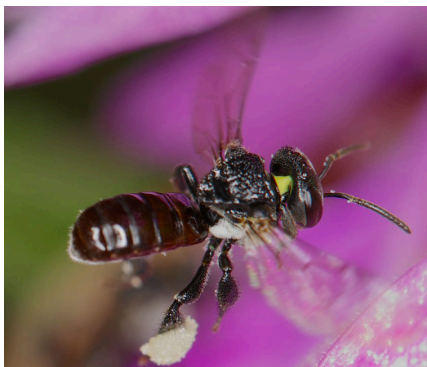
Media stories

Want to learn more about Billion Bees Foundation? Below is some media coverage of the purpose of the Billion Bees Foundation and their mission "to give nature the upper hand":

<https://www.abc.net.au/news/2021-12-24/billion-bees-foundations-aims-to-save-native-bee-species/100723264>

www.billionbees.com.au

<https://www.theleader.com.au/story/6503320/a-hive-of-industry-to-save-our-native-bees/>



Consultation period

If Lugarno Public School & the P&C Association move forward with installing a stingless bee hive, then the Billion Bees charity would be responsible for sourcing a suitable location on school grounds for any bee hive that is purchased. It would preferably be situated away from the main classrooms and COLA, and general traffic area. The hive needs sunlight and some protection from wind.

If you are a parent with any concerns about a stingless bee hive being installed at LPS, please contact either the P&C or the teaching staff in the next month or attend our next P&C meeting on July 20th at 7pm.





NAIDOC Week

Red, Yellow, Black Mufti Day

On Monday 27th June, we would like students to come to school wearing red, yellow and black clothes as part of our celebrations for NAIDOC week.

Gold coin donations will be collected by our SRC students in support of The Indigenous Literacy Foundation.





Lugarno Public School Tree Planting Day

Connect with Nature



Join our school community as we plant trees to celebrate National Tree Day

Friday, 29 July 2022

Get involved - just like our special guests: Oatley Flora & Fauna Conservation Society, Conservation Volunteers Australia, Fergusons Toyota, Rotary Padstow and MP's David Coleman & Mark Coure.

RSVP required due to catering. Contact Jasmine.

043 22 88 110 vp@lugarnopandc.org.au

Dear parents, guardians and carers

Re: Nationally Consistent Collection of Data on School Students with Disability (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the *Disability Standards for Education 2005*, in line with the *NCCD guidelines (2019)*.

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the [Australian Government's Privacy Policy](https://www.dese.gov.au/about-us/resources/department-education-skills-and-employment-complete-privacy-policy-0) (<https://www.dese.gov.au/about-us/resources/department-education-skills-and-employment-complete-privacy-policy-0>).

Further information about the NCCD can be found on the [NCCD Portal](https://www.nccd.edu.au) (<https://www.nccd.edu.au>).

If you have any questions about the NCCD, please contact the school.

Kind regards,

Justine Williams

Principal



These school holidays Lugarno Public School is pleased to be hosting Code Camp, the holiday program where kids design, code, problem solve and become storytellers and creators of technology, by creating games, websites, music and videos or flying drones! Programs will be running 12th-14th July.



Spark

Ages 7-12 years

Fun, engaging and challenging... and our most popular Code Camp that over 100,000 students have completed. **Spark** is where every student in years 2-6 should start their Code Camp journey. Your child will design an engaging platformer game (similar to Mario Bros.), and then bring it to life with intuitive, yet powerful, drag and drop code. Learning the fundamentals of coding gives children the confidence and knowledge to be in control with technology – not just as a passive consumer, but as a creator, problem solver, and digital storyteller. **NEW: MINIONS HAVE ARRIVED!** New to Spark, kids can now code and create their own Minions adventure game! They can select their Minions and Gru, add themed backgrounds and collectibles, and then bring their Minions game to life using drag and drop coding.



Blast 3D

Ages 8-13 years

Blast 3D is our most spectacular coding camp yet! Your children loved coding with their favourite characters in Spark and Ignite, well get ready for unbelievable excitement when they see them come to life in 3D! This pure JavaScript camp is perfect for kids aged 8-13 who are looking to improve their skills and build an awesome adventure game.

During this camp, students will use pure JavaScript (the language of the web) to design and develop their own 3D adventure game. With hundreds of assets to choose from, the possibilities are endless!



Book now at:
codecamp.com.au



Give us a call on:
1300 263 322



At **Minions Animation Camp**, create an animated movie starring everyone's favourite yellow helpers Kevin, Bob, & Otto and supervillain Gru! Over 2 days, kids aged 5-7 years will create Minions clay characters, design their film set, and work together to create a stop-motion animated movie capturing the hilarious mischief of the Minions and Gru! Plus there's a range of entertaining offline activities to keep kids engaged throughout camp.

Book now using discount code '**EARLY25**' to take advantage of our \$25 Early Bird Discount running until 30/6/22

Book now via www.codecamp.com.au/lugarno



Book now at:
codecamp.com.au



Give us a call on:
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Tuesday, 7th June 2022

Voluntary Contributions Years K - 6

Each year our school requests voluntary school contributions. These assist with the purchasing of classroom resources to support our teaching and learning programs. However, these are **voluntary** and it is up to each family to decide upon payment.

Payment for each child is capped at **\$50 per child** for the year.

Thank you.

Mrs Williams
 Principal



Voluntary Contributions Years K - 6

Payments online are preferable, otherwise you can pay by cash.

**If paying online, please still complete and return this form to the office.
 Separate payments must be made for each child when using Quickstream Online.**

I am paying for the following:

Voluntary Contribution of \$50 per child \$ _____

TOTAL \$ _____

Parent / Guardian: _____
 (please sign)

Date: _____

Child's name: _____

Class: _____

Child's name: _____

Class: _____

Child's name: _____

Class: _____

Child's name: _____

Class: _____

Please indicate payment type:

Cash

Online - Payment receipt number: _____

Athletics Carnival 2022 – Field events

17 June 2022

Dear Parents/Guardians,

Over the course of Term 2, students in Years 3-6 and those turning 8 from Year 2 have been participating in athletics skills rotations. During this time, students have been taught the skills of Discus, Shot Put and Long Jump and have been measured against initial qualifying distances. Those students who have made the qualifying distances in events will be participating in field events finals to be held at school, next Thursday 23 June 2022, between 11.15am-1pm. High Jump will also commence on this day.

Track events will be held at our Athletics Carnival at Hurstville Oval in Week 10.

Mrs McTackett
Sports Coordinator

Mrs Williams
Principal

Athletics Carnival 2022

10 May 2022

Dear Parents/Guardians,

The School's Athletics Carnival will be held at Hurstville Oval, Hurstville on Wednesday 29 June 2022.

Arrival Time: 8.40am at school for Years 3-6 and students in Year 2 turning 8

8.50am at school for Years K-2, excluding those in Year 2 turning 8

Approximate return time: 2.30pm for Years K-2, excluding those in Year 2 turning 8

2.50pm for Years 3-6 and students in Year 2 turning 8

Cost: \$12 for return bus fare and oval hire.

Please return with the permission note by Tuesday 7 June (Term 2, Week 7). Please pay online or send correct money to the office. Fees in advance may be used if available.

Uniform: Sports uniform, however t shirts in sporting house colour is also allowed (no singlet tops).

What to bring: sunscreen, a hat, warm clothing & a plastic bag or rug to sit on.

A canteen will be available at the Athletics Carnival. Students will need to pre-order via Qkr!. Adult spectators can buy on the day, while stocks last. An additional note with further information for pre-ordering will be provided shortly. As an alternative, students may bring a packed lunch.

NB: If someone other than yourself will be taking your child home, please indicate this in written form to the class teacher prior to the day.

Mrs McTackett
Sports Coordinator

Mrs Williams
Principal

Athletics Carnival 2022 Permission Slip

I hereby consent to my child/ward _____ of class _____

to travel by bus and participate in the School Athletics Carnival to be held at Hurstville Oval on Wednesday 29 June 2022. Enclosed is \$12 or

Please tick if you are using fees in advance

Please tick if you are paying online Receipt number _____

ANY COMMENT FOR TEACHERS re allergies/medications etc-

Please indicate if you need to update your child's Medical Information Form. YES / NO

I give permission for my child to receive medical treatment in case of emergency. YES / NO

Parent/Guardian: _____ (please sign)

Date: _____



Tuesday, 21st June 2022

Years 3-6 Gymnastics Skills Program

Dear Parent / Guardian,

Students in Years 3-6 will be participating in an 8-week gymnastics program throughout Term 3. The program will be delivered by 'Sportspro' who will provide a professionally qualified teacher and equipment to instruct and assess children in body awareness, counterbalance, flexibility, upper body strength, gripping, body control and many other gymnastic skills.

VENUE: School hall

DATE: Thursdays, Term 3

COST: \$42.00

DRESS: Sports uniform and sports shoes

STAFF ATTENDING: Class teachers with a 'Sportspro' trainer

Please complete the permission note below and return with payment of \$42.00 by Wednesday, 20th July. Some families may wish to use FEES IN ADVANCE from 2021 (please indicate on the return slip below).

Mrs Williams
Principal

Mrs Bartley
Stage 2 Coordinator

Mr Walker
Stage 3 Coordinator

Years 3-6 GYMNASTICS PROGRAM PERMISSION NOTE – TERM 3 2022

I hereby consent for my child _____ of class _____ to participate in the eight-week gymnastics skills program at school during Term 3, 2022.

I have enclosed \$42.00 to cover costs.

Please tick if you wish to use FEES IN ADVANCE

Please tick if you are paying online.

Receipt number _____

Parent / Guardian comments regarding any special medical need (e.g. allergies etc):

Please indicate if you need to update your child's Medical Information Form. YES / NO

I give permission for my child to receive medical treatment in case of emergency. YES / NO

Parent / Guardian: _____ (please sign) Date: _____



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