

# Framework for Learning from Home – Stage 3 Week 8

#### Welcome to Term 3 week 8!

These activities are designed to start on **Monday 30th August** and finish on **Friday 3rd September** (Week 8 only). All students begin each morning on Google Classroom and are expected to:

- read the Daily Check-in from your teacher for class-related messages,
- submit their online attendance every day, and
- upload and 'turn in' their completed work every day

#### All students please remember to:

- → Open your emails and read the private comments from your teacher. Please respond so we know you are seeing them.
- → Set reminders for your whole class zooms and live lesson zooms starting this week.
- → Complete your Premier's Sporting Challenge logbook weekly and upload on Friday

#### PBL Focus: Week 8: Participating Safely

This week your focus will be: *Eat healthy food & drink plenty of water* 

#### Gentle reminder to all students:

¥You should be working a maximum of three hours over a whole day. If you are finding you are spending more time than this then we would like you to prioritise these activities in this order:

- 1. DEAR reading for 20 minutes
- 2. Reading Strategy Focus activity
- 3. Maths lesson and activity with Mrs Mac
- 4. Writing activity
- 5. Spelling / Punctuation
- 6. All other activities

#### **PLEASE NOTE:**

Students in Ms Flett and Mrs Kotevich's Year 6 **CILSP Google Classroom** group need to complete the reading strategies activities on that Google Classroom on Monday, Tuesday Wednesday and Thursday. You do not need to complete the reading strategy focus activities on this Framework, **the activities on the CILSP Google Classroom replace these**.

#### Things that will help you feel organised and get your work done:

Have a routine. Get up at about the same time each day, get dressed, make your bed, have breakfast then begin your work.

Do the same thing each day. Check attendance, read through the framework for the day then get started by doing your DEAR reading.
Have recess and lunch breaks. Try to get outside during these times. Eat your lunch on the balcony, deck or porch. Play with your dog, sister, brother, etc.

Try your best! Make yourself proud. Be your own person. You can do this we are here to help and you know what you need to do.
Clock off after three hours of work. Just upload what you have completed then hop off your tech.

## Lugarno Public School- Learning from Home Expectations



Online	<ul> <li>Stay on task and avoid distractions</li> <li>Be ready to begin online learning on time</li> <li>Ask questions if you are unsure</li> <li>Submit online tasks on time</li> </ul>	Have movement breaks away from the screen every 30 minutes	<ul> <li>Be patient while waiting for feedback from your teacher</li> <li>Use appropriate language when communicating on Google Classroom</li> </ul>
Learning Environment	<ul> <li>Be an independent learner</li> <li>Have your equipment ready</li> <li>Make sure your device is fully charged</li> </ul>	<ul> <li>Make sure your learning space is suitable</li> <li>Ensure you have the equipment you need</li> <li>Sit somewhere comfortable with good posture and airflow</li> </ul>	<ul> <li>Consider other family members who may be working near you</li> <li>Treat equipment and property with care</li> <li>Keep your learning space organised and tidy</li> </ul>
Break Times	<ul> <li>Tidy your workspace between sessions</li> <li>Disconnect from your learning whilst having a break</li> <li>Avoid use of a device</li> </ul>	<ul> <li>Take regular breaks away from the screen and move around</li> <li>Eat healthy food &amp; drink plenty of water</li> <li>Wash your hands regularly</li> </ul>	<ul> <li>Be aware of others still working</li> <li>Speak kindly to siblings, parents or carers</li> <li>Be thoughtful of others working from home</li> </ul>
Play	<ul> <li>Find new games to play both inside and outside</li> <li>Set a time limit</li> <li>Follow the expectations and rules of the game</li> </ul>	<ul> <li>Wear a hat playing outside</li> <li>Listen to parents and carers instructions</li> <li>Avoid confrontations with siblings</li> <li>Remember to practise social distancing</li> <li>Wash your hands after play</li> </ul>	<ul> <li>Look after your belongings &amp; pack away each activity before starting the next</li> <li>Include your siblings in your play</li> </ul>
Looking After Yourself	<ul> <li>Celebrate successes and share your work with someone</li> <li>Keep in a routine with daily work</li> <li>Take regular brain breaks</li> <li>Practice 'mindfulness'.</li> </ul>	<ul> <li>Keep in your school morning routine: wake up, get dressed, eat breakfast, brush teeth</li> <li>Wash your hands regularly</li> <li>Exercise regularly</li> </ul>	<ul> <li>Keep in touch with family and friends via telephone or technology</li> <li>Talk to your family about how you are feeling</li> <li>It is important to help out with chores</li> </ul>

## NSW Premier's Sporting Challenge

Use your **class logbook** to keep track of your physical activity while at home. Mark a box for every 20 minutes of activity. Write in your weekly achieved level on the right hand side of the logbook. At the end of the week take a photograph and upload your logbook to your Google Classroom Classwork tab in NSW Premier's Reading Challenge.

Award Level	Daily Activity Time
Bronze	30 minutes per day
Silver	45 minutes per day
Gold	60 minutes per day
Diamond	80 minutes per day



## NSW Premier's Reading Challenge

Trou've been reading up a storm all year, why don't you record those books you've been reading and get some of that Premier's Reading Challenge recognition!

\* Log in to the PRC website using your school login to add books you have read to your Student Reading Record using your PRC account. <u>https://qrgo.page.link/8nyMj</u>

\* In order to complete the Challenge, students from stage 3 are required to read 20 books, 15 must be on the PRC list and 5 can be personal choice. You can choose books from the year 5-6 and year 7-9 list.





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Google Classroom Read Daily Check In notice from your class teacher. Complete attendance	Google Classroom Read Daily Check In notice from your class teacher. Complete attendance	Google Classroom Read Daily Check In notice from your class teacher. Complete attendance	Google Classroom Read Daily Check In notice from your class teacher. Complete attendance	Google Classroom Read Daily Check In notice from your class teacher. Complete attendance online
<b>Read Daily Check In</b> notice from your class teacher.				

	Education Live Link	Education Live Link	Education Live Link	Education Live Link	Education Live Link
	Daily from 10 - 10:30 am	Daily from 10 - 10:30 am	Daily from 10 - 10:30 am	Daily from 10 - 10:30 am	Daily from 10 - 10:30 am
	https://tinyurl.com/bfwww5m	https://tinyurl.com/bfwww5m	https://tinyurl.com/bfwww5m	https://tinyurl.com/bfwww5m	https://tinyurl.com/bfwww5m
	English	English	English	English	English
	Reading: DEAR 20 minutes	Reading: DEAR 20 minutes	Reading: DEAR 20 minutes	Reading: DEAR 20 minutes	Reading: DEAR 20 minutes
Morning Session	<b>Reading Strategy Focus:</b>	<b>Reading Strategy Focus:</b>	<b>Reading Strategy Focus:</b>	<b>Reading Strategy Focus:</b>	<b>Reading Strategy Focus:</b>
	<i>Drawing Conclusions and</i>	<i>Drawing Conclusions and</i>	<i>Drawing Conclusions and</i>	<i>Drawing Conclusions and</i>	<i>Drawing Conclusions and</i>
	<i>Making Inferences</i>	<i>Making Inferences</i>	<i>Making Inferences</i>	<i>Making Inferences</i>	<i>Making Inferences</i>
	Please see Week 8 Reading	Please see Week 8 Reading	Please see Week 8 Reading	Please see Week 8 Reading	Please see Week 8 Reading
	Strategies in Google	Strategies in Google	Strategies in Google	Strategies in Google	Strategies in Google
	Classroom for more info.	Classroom for more info.	Classroom for more info.	Classroom for more info.	Classroom for more info.
Σ	<b>Viewing/Writing:</b> Please see the Week 8 Writing Tab in Google Classroom for your activity and Zoom Lesson details.	Viewing: Watch 'Behind the News' on ABC Me or online at: https://www.abc.net.au/btn/ Choose your favourite story. Write a summary of the story	Writing: Please see the Week 8 Writing Tab in Google Classroom for your activity and Zoom Lesson details. <b>Spelling:</b> Complete Spelling Activities for your group found under Spelling in Classwork tab.	Writing: Please see the Week 8 Writing Tab in Google Classroom for your activity and Zoom Lesson details. <b>Grammar:</b> <i>Collective Nouns</i> Complete the activity on found in the Grammar & Punctuation tab in Classwork	Geography How people manage spaces in the Community Go to the Geography topic in the Classwork Tab to find your task for this week. Please complete the worksheet & submit.

	Additional Reading 5/6W - Read Theory	Additional Reading 5/6W - Read Theory	Additional Reading 5/6W - Read Theory	Additional Reading 5/6W - Read Theory	Additional Reading 5/6W - Read Theory
g Session	5H - ReadWorks Read and complete comprehension activities (See Google Classroom)	5H - ReadWorks Read and complete comprehension activities (See Google Classroom)	5H - ReadWorks Read and complete comprehension activities (See Google Classroom)	5H - ReadWorks Read and complete comprehension activities (See Google Classroom)	5H - ReadWorks Read and complete comprehension activities (See Google Classroom)
Morning	5/6FM: Reading Eggspress Participate in Reading Eggspress activities online. https://qrgo.page.link/SxZH6	5/6FM: Reading Eggspress Participate in Reading Eggspress activities online.	5/6FM: <b>Reading Eggspress</b> Participate in Reading Eggspress activities online.	5/6FM: Reading Eggspress Participate in Reading Eggspress activities online.	5/6FM: <b>Reading Eggspress</b> Participate in Reading Eggspress activities online.
	<u>Recess Break</u>	– include a physical acti	ivity (Add this to your <mark>Prei</mark>	nier's Sporting Challenge	logbook)
	Mathematics 1.Starter: go to link below and do the activity that corresponds to the day's date <u>Starter Of The Day</u> https://bit.ly/3zf9s8h	Mathematics1.Starter: go to link below and do the activity that corresponds to the day's date Starter Of The Day	Mathematics1.Starter: go to link below and do the activity that corresponds to the day's date Starter Of The Day	Mathematics1.Starter: go to link below and do the activity that corresponds to the day's date Starter Of The Day	Mathematics1.Starter: go to link below and do the activity that corresponds to the day's date Starter Of The Day
Session		2. <u>Patterns &amp; Algebra</u> See the Maths Tab in your Google Classroom	2. <u>Patterns &amp; Algebra</u> See the Maths Tab in your Google Classroom	2. <u>Angles</u> See the Maths Tab in your Google Classroom	2. <u>Angles</u> See the Maths Tab in your Google Classroom
Middle	2. <u>Patterns &amp; Algebra</u> See the Maths Tab in your Google Classroom	<u>Science and Tech</u> See the Science Tab in your Google Classroom			PE Fundamental movement workout with Ben Premier's Sporting Challenge

the Premier's Sporting Challenge tab in Classwork.

	Lunch Break – include a physical activity (Add this to your Premier's Sporting Challenge logbook)						
Afternoon Session	Personal Development and Health: Go to your PDHPE tab in Google Classroom	Creative Arts: Visual Arts Foil Relief Artwork See the Visual Arts tab in your Google Classroom for instructions.	<b>Wellbeing</b> <b>Barbone State</b> <b>12:00 - 3:00 pm</b> Time to get off your tech and have a brain break to spend time doing things that make you feel good. All of LPS will be doing the same so teachers will be offline during this time too.	Library Go to your Library Tab in Google Classroom, Classwork.	Year Six Yearbook design: Head on over to the Year Six Google Classroom then Classwork tab for more information. Year Five Design your Year 6 shirt: Go to your Classwork tab for more information. Catch-up Finish any unfinished tasks from Monday –Thursday.		
Before Bed	20 minutes of <b>DEAR</b> (Drop everything and read) using your choice of text.	20 minutes of <b>DEAR</b> (Drop everything and read) using your choice of text.	20 minutes of <b>DEAR</b> (Drop everything and read) using your choice of text.	20 minutes of <b>DEAR</b> (Drop everything and read) using your choice of text.	20 minutes of <b>DEAR</b> (Drop everything and read) using your choice of text.		

### Term 3: Spelling List – Week 7/8

Emerald (11)	Topaz (28)	Crimson (21)	Azure (17)	ALL GROUPS
which	form	feather	information	Personal Words
note	more	succeed	organisation	
mule	board	season	application	Choose 3 of your own.
done	work	increase	addition	
wax	four	leather	consideration	
rule	horn	compete	relaxation	Word of the Week
these	store	repeat	temptation	
skin	roar	defeat	partition	malicious
safe	word	feature	reservation	
crab	north	heavy	starvation	
wife	shore	freedom	purification	
lots	soar	pleasant	notification	
cape	world	meaning	identification	
tide	floor	indeed	transportation	
gum	corn	extreme	presentation	
have	fork	fifteen	memorisation	
drip	wore	sweater	beautification	
vote	worm	eastern	examination	
race	door	steady	edition	
crop	storm	healthy	quotation	
wipe	sore	people	justification	
	tore	reader	gratification	
	oar	thirteen	abolition	





# for parents of primary and early learners Some activities and ideas for home

