LUGARNO PUBLIC SCHOOL

SUSTAINABILITY

SUPPORTING OUR ECO-WARRIOR KIDS IN 2022

Seeking inspiration to continue your sustainability efforts?



Are you, your child and the family interested to continue to help the environment? Have you started some of the ideas in the last newsletter and now you are seeking more quick and easy ideas? Read on and keep the momentum going in the house!

"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not." The Lorax



Sign up to ZeroCo Is it time to top up your household cleaning products to a brand that gives back to the planet? Insert LPS details during your 1st online order of a Starter Kit & ZeroCo will give \$40 to LPS! Read more details here about how reducing your single-use plastic at home, can help our school too. <u>https://</u> www.zeroco.com.au/ pages/give-a-thon

Unsure how to order and link LPS, contact Jasmine.

Got kids that are keen for regular clean-up events in the local area? Contact Jasmine if you want details of the next local "Little vs Litter" event where ecowarriors unite with other kids for active outdoor fun (off the devices!).

National School Tree Planting Day Add Friday **29th July 2022** to your calendars, and join us that day as we plant extra native shrubs in LPS school garden beds (including bush tucker).

LENDING A HAND

*

Do you have skills and are a local dad willing to donate 1 hour of your time? Read this great "feel-good" story of how other dads have helped their local community.

It all begins with some LPS dads asking the question: "What can we do to help in our neighbourhood?"

<u>https://</u> <u>www.abc.net.au/</u> <u>everyday/dads-group-</u> <u>dadbury-pay-it-forward-</u> <u>and-make-a-difference/</u> <u>100984522/</u>

*

UPGRADES COMING

The largest Australian plastic processing factory will soon be built in Parkes. It aims to recycle 200,000 tonnes of waste plastic yearly (the most in the world!) <u>www.abc.net.au/ news/2022-03-04/</u> recycling-plant-parkes-nswcentral-west-/100879006

A \$700,000 Environment Restoration Fund Program Grant is helping Georges RiverKeeper upgrade existing Gross Pollutant Traps to function more effectively with stormwater runoff (recently!). georgesriver.org.au/news/ <u>7000000-push-cleanstormwater</u>

•

COMPOSTABLE NAPPIES

*

Change is coming (well maybe by the time we are grandparents!).

On the South coast, Bega Valle Shire Council have successfully finished a trial with 50 families using compostable nappies instead of disposable ones. The nappies were processed in the council's Food Organics and Garden Organics (FOGO) facility and turned into compost rather than ending up in landfill. Read more below: www.abc.net.au/news/ 2022-04-09/bega-valleycompostable-nappy-trial-nswfar-douth-coast-success/ 100935440

Be thoughtful with Mothers Day gifts Who Gives a Crap? Set up a subscription for toilet paper every 3 months (pre-paying for the 1st delivery) and you will take the stress out of mum needing to keep on top of this essential household item. 50% of profits are donated to sanitation charities to ensure everyone has access to clean water and a toilet within our lifetime. So far \$10.8m has been donated! If you sign up for their newsletter, you get a bonus \$10 off your 1st order. **https://au.whogivesacrap.org**

Short term actions

- Uniforms in good condition? Sell, swap or donate it on our Facebook group "LPS Uniform Swaps"
- Drop off recyclable plastic bottles (not glass) to the LPS Return & Earn blue bins (outside the back of the hall) so that the school receives 10c per item.
- Are you a dog owner? Buy some Jerry Bags totally compostable poop bags. Order online and get 10% off by using the code WOOHOO10. <u>https://jerrybags.com/</u> products/jerry-bags-compostable-poop-bags

"No one will protect what they don't care about, and no one will care about what they have never experienced." David Attenborough



KID ENTREPRENEURS

Do you have a daughter who is passionate about making a difference in the world and also has a particular innovative project in mind?

Support her Aussie entrepreneurial enthusiasm - apply for this free Government Grant available to girls aged 10-18 yo.

futurefemaleentrepreneursprog ram.com.au

Below are some examples to share for inspiration:

www.elegantmedia.com.au/ blog/young-australianentrepreneurs



There are so many to choose from!

They often have local projects that need volunteers to help with planning and action.

Lugarno Lions Club
<u>lugarnolions.org.au</u>

 Rotary Padstow <u>https://</u> <u>m.facebook.com/</u> padstowrotary/

 Oatley Flora & Fauna Conservation Society <u>oatleyflorafauna.org.au</u>

Evatt Park Bushcare
Volunteer Group
www.georgesriver.nsw.gov
.au/Environment/Trees and-Biodiversity/Bushland

3

PAY IT FORWARD

Do you have some dresses that haven't been worn in ages? Do you have others that no longer fit you? (and you keep pledging to lose the weight but its time to donate the dress now lol!) Are these dresses in good condition? Head to **dressfordignity.com.au** and donate a dress. It will be given to someone in need and to thank you

need and to thank you for your donation, you get a tax-deductible receipt.

Also visit this charity's other website "Share The Dignity" which tackles period poverty <u>www.sharethedignity.org.au</u>



PARTICIPATE & LEAD

The Neighbours Nurturing Nature Volunteer Project is looking for people who are interested in leading and taking ownership of a volunteer project. You don't need to be a born leader. Training is provided.

Want to read more? Do you believe this is something that could also build your CV or help your teenager with practical skills that you can't buy at university?

Head to <u>https://</u> <u>mysop.sydneyolympicpark.c</u> <u>om.au/neighbours-</u> <u>nurturing-nature/NNN-</u> <u>application</u>

Did you know?

Rebel Sport - they will recycle your old shoes

Recycle X-rays (after you have taken a photo & uploaded to your cloud) - Some medical facilities accept them or post them to some special recycling facilities who accept them.

Nespresso - they collect old aluminium coffee pods with their new program that makes them almost infinitely recyclable.

Disposable Coffee Cups - put the rinsed lid in the yellow bin & the cup in the red bin.