

Lugarno Public School Bicycle/Scooter Rider Policy (As of October 2018)

Bicycle/Scooter Safety Guidelines

1. It is recommended that children under 10 years of age DO NOT ride bikes etc to or from school unless accompanied by an adult.
2. Children must correctly wear an Australian Standards approved bike helmet at all times when in control of a bike or scooter.
3. All NSW RMS road rules concerning bikes are to be followed. This includes the pedestrians' right of way on footpaths. The bike bell should be used as a warning when approaching pedestrians and cyclists must dismount from their bikes to give pedestrians the right of way.
4. Bikes and scooters ridden to school must be in good, safe working order and bikes must be fitted with a bell.
5. Children are to dismount before entering the school grounds and walk with their bike or scooter, whilst on site.
6. Bikes and scooters are to be stored in the bike area provided near the Connected Classroom.
7. Bikes, scooters and helmets are brought and stored on site at the owner's risk.
8. Parents will be notified if children do not adhere to the *School's Bicycle and Scooter Policy*.
9. No riding of bikes, scooters, skateboards or rollerblades is permitted in school grounds by students (or their parents and younger and older siblings) at any time.
10. All students travelling to school by Bicycle or scooter must complete the Student Agreement and have signed permission from their parents.



Bicycle/Scooter Rider Student Agreement

I have read the school's *Bicycle safety guidelines* and understand the information provided.

- I have discussed this with my parents or carers.
- I will wear my helmet correctly when riding my bicycle to and from school.
- When using the footpath, I will give way to all pedestrians.
- I need to keep my bicycle well maintained.
- I will bring my bicycle to school at my own risk.
- I will leave my bike or scooter in the designated bike area located near the Connect Classroom.
- I understand that Mrs Williams may stop me from bringing my bicycle onto school grounds if I do not follow the rules.

My name is: _____
Signed (student rider): _____
Signed (parent/carer): _____
Date: _____

Bicycle/Scooter Rider Parent Permission note

I give permission for _____ (child's name) to ride his/her bicycle or scooter to and from school.

- I have read and understand the bicycle information provided by the school.
- My child will correctly wear an Australian Standards approved helmet when riding a bicycle to and from school.
- I have read and explained the bicycle information provided to my child.
- I have reviewed the *Guide to bicycle maintenance* to check my child's bicycle for roadworthiness and understand that it is my responsibility to keep the bicycle well maintained.
- I have reviewed the *Guide to correctly fitting a helmet* and understand that it is my responsibility to ensure my child wears their helmet correctly.
- I understand that bicycles are brought to school at the owner's risk.
- I understand that Mrs Williams is able to stop my child from bringing their bicycle onto school grounds if the rules are broken.

Signed (parent /carer): _____
Date: _____

Please return to Mrs Williams

Information for students, parents and carers**A guide to bicycle maintenance: safety check**

Feature	What are you checking for?	Maintained
Tyres	<ul style="list-style-type: none">• firm tyres• tread not worn and no canvas showing• no bulges or cuts	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Bell	<ul style="list-style-type: none">• rings clearly and loudly	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Pedals	<ul style="list-style-type: none">• rotates freely when spun• rubber not showing signs of wear	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Lights and reflectors	<ul style="list-style-type: none">• secure, clean and shine brightly	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Brakes	<ul style="list-style-type: none">• blocks not worn down when brakes applied• bike wheel does not rotate when brakes are applied	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Chain	<ul style="list-style-type: none">• does not move more than 2.5cm when lifted• is well oiled	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Size of bike	<ul style="list-style-type: none">• correct size for rider	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing

What is the right size bicycle?

The right sized bicycle:

- has controls within reach
- is comfortable for the rider
- has a level seat
- should allow the rider's feet to just touch the ground when the rider is sitting on the seat
- should allow for the arms to be slightly bent as the body leans slightly forward holding the handlebars
- allows the rider to straddle the crossbar with both feet flat on the ground. If not, the bicycle is too big and unsafe. There should be about 3 cm between the bicycle and the rider's crutch for a medium or lightweight road bicycle. For a BMX or mountain bike there should be a 10 cm gap. If there is no crossbar, make the test from where the crossbar would be.

Information for students, parents and carers

A guide to correctly fitting a helmet

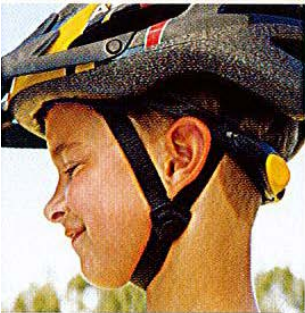
Always wear a helmet when you ride or scooter



Can you place just two fingers between your eyebrows and your helmet?



Can you fit just two fingers between the helmet strap and your chin?



Do the straps join in a 'V' just below your ears?



Has an adult checked your helmet?