

ANTI-BULLYING PLAN 2023

Lugarno Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Lugarno Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	Behaviour code for students, Positive Behaviour for Learning Assembly topic: Getting on with other people - respect, resilience, responsibility and reasoning
Term 2	Topic: Environment Can Make a Difference - What helps you to feel safe at recess and during lunchtime?
Term 3	Topic: Early Intervention - How do you get help if you are feeling unsafe, anxious or fearful at school?
Term 4	Topic: One good friend - what qualities make a person a good friend?

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	Roles and Responsibilities, Code of Conduct, Inclusive, Engaging and Respectful Schools (Inclusive Education Policy, Student Behaviour Policy, Restrictive Behaviour Policy)
Term 2	Staff PL (Trauma Informed Practice), Social and emotional learning PL, Review of PBL and attendance data
Term 3	Effective Anti-Bullying Interventions in Schools, Review of PBL and attendance data
Term 4	Review of PBL Data, Review of Student Wellbeing data (LST and Attendance)

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- * information is provided in a handout to staff when they enter on duty at the school
- * an executive staff member speaks to new and casual staff when they enter on duty at the school
- * the principal speaks to new executive staff when they enter on duty at the school, as part of the induction

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Term 1	Meet the teacher information sessions, parent-teacher interviews, Regular communication through newsletter and social media channels, P & C meetings, Kinder and High School Transition. Topics:
Term 2	Regular communication through newsletter and social media channels, P & C meetings, Kinder and High School Transition. Topics: information about what bullying is, how to help your child if they are being bullied
Term 3	Regular communication through newsletter and social media channels, P & C meetings, Kinder and High School Transition. Topics: Ideas that may keep your child safe online
Term 4	Regular communication through newsletter and social media channels, P & C meetings, Kinder and High School Transition. Topics: coping skills, resilience through change

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

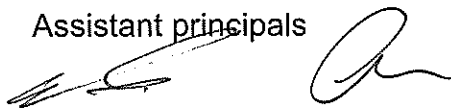
Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- Student Wellbeing Officer
- Anti Racism Contact Officer (ARCO)
- Mindfulness Programs
- Acknowledgment of student achievement (Principal's Morning Tea, Playground Garnos, Values Awards)
- Peaceful Kids and social skills programs, for example, SPARC and Bounce Back
- PDHPE programs - anti-bullying programs with a focus on safe, respectful and inclusive behaviours
- Recognising and celebrating events of national significance that support awareness and inclusion eg National Day of Action Against Bullying and Violence, Harmony Day

Completed by: Athina Malakonakis and Gregg Walker

Position: Assistant principals

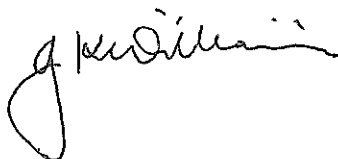
Signature:



Date: 30th June 2023

Principal name: Justine Williams

Signature:



Date: 30th June 2023